



Are employees having problems communicating effectively?
Are your employees involved in any conflict?
Do employee performance levels suffer?
Do you have stressed out employees?

Rising EQ can help!



Emotional intelligence is the ability to know and understand ourselves, develop and maintain positive relationships and use healthy coping skills by using our emotions in a positive way. EQ is a set of skills that **EVERY EMPLOYEE CAN MASTER** for improved workplace relationships and job performance.

Benefits of Rising EQ training:

1. They will improve communications among colleagues, clients and bosses for better relationships
2. Conflict among employees will decrease and be replaced by collaboration
3. Improved levels of teamwork that heighten overall job performance and productivity
4. Employees will lower their stress and increase satisfaction in their workplace



WHO SHOULD ATTEND RISING EQ TRAINING PROGRAMS?

- Any employee who desires to gain skills to attain or maintain top performer status
- Any employee desiring to promote within their organization
- Managers who want to strengthen their people skills while managing others



CHECK OUT WHAT ATTENDEES ARE SAYING

Victoria with Rising EQ provided an excellent seminar at the Houston office focused on "Emotional Intelligence in the Workplace" and received "rave reviews" from all who attended. We will certainly consider bringing Victoria back for the added value of continuing education for the employees and the obvious ROI!

JULIANNE T., MARKETING MANAGER

Great presenter with lots of knowledge about EI. Great tips I will be using!

JANET R., YOUTH COACH

Victoria has a wealth of knowledge with great energy and clarity on the subject matter.

LINDSEY B., CUSTOMER SERVICE



Victoria Smith, MS
Managing Director

Victoria Smith is an expert in emotional intelligence. For over twelve years Victoria has been helping Fortune 500 businesses develop their employees and elevate their career through Emotional Intelligence skill building and Leadership training. Her expertise in training focuses on helping employees discover

and utilize their Emotional Intelligence. She assists employees in building employee skills on Emotional Intelligence in interactions with themselves, their bosses, colleagues, clients and customers.

For nearly two decades Victoria held hospitality management positions at three and four star hotel properties. She has been in front of a wide variety of audiences across the United States from one on one coaching sessions to day long training programs with 125 attendees. As a facilitator/trainer for the past 12 years, she passes along valuable strategies that improve workplace relationships, develop a more positive team atmosphere and promote overall personal success in the workplace.

She holds a masters of counseling degree from Texas A&M University, several professional certifications including the credentials to administer the most widely used emotional intelligence test EQi 2.0 and 360 assessment. She holds a training certification from Marriott International and is an associate member of the American Psychological Association.

SERVICES PROVIDED:

Rising EQ Emotional Intelligence Signature Skill Building Training Programs

Each interactive emotional intelligence skill building training program is held at your organization or other desired location to present training anywhere in the United States for any number of employees.

TRAINING PROGRAMS OFFERED:

1. Half day training program with comprehensive attendee workbook - 3 hours
2. Full day training program with comprehensive attendee workbook - 6 hours
3. Presentation for a lunch & learn or business meeting - 60-90 minutes
4. Inspiring and powerful keynote presentations - 45 minutes to 1 hour

Rising EQ skill building training programs are cost effective with a high level of ROI (return on investment). The training programs are designed to provide specific strategies to raise levels of emotional intelligence.



Your satisfaction is our highest priority.

EQi 2.0 Assessment - Individual

The EQi 2.0 Emotional Intelligence assessment can help your employees gain knowledge of and improve their emotional intelligence skills to become a more successful in their workplace.



The EQi-2.0 assessment is composed of 5 composite areas and further 15 sub scales of emotional intelligence that are

measured. The assessment is multiple choice and takes around 20 minutes to complete. Once complete, the results are automatically generated in a detailed report that the certified test administer will provide and interpret with the test taker individually for a 60 minute telephone debriefing with your EQi 2.0 certified trainer.

360 Assessment



The EQ 360 assessment gives the employee a more in-depth analysis including information provided by other people who the

employee works with or around. Observer ratings are compared with the results of an EQ-i 2.0 self-report and a 360 degree profile is revealed.

The EQ 360 identifies key employee strengths that can be leveraged to the benefit of the organization, as well as impediments to high performance that could be improved.